

## **Sample Kids Club Daily Schedule**

# **Morning**

Snack / Choice Begins

As the program opens, we serve a nutritious snack including 2 food groups and 100% juice or milk each day. All snacks are nut free.

Choice time activities include board and card games, arts and crafts activities, books to read, and blocks, Legos etc. from the manipulative cart. All of these things are easily accessible for children to use at any time.

**Gym Opens** 

At 8:00 AM a staff person takes children to the gym or outside to play organized games or free time. This is a choice; not all children have to go. We have our own sports equipment for kids to choose from (balls, hula hoops, jump ropes, etc.).

Snack and Gym Close

Last call for snack is announced 10 minutes prior to the start of the school day. Any children who want snack must eat before this time. All children come back from the gym. Materials are cleaned up and children begin to get ready to go to their classes.

To School

Children go to their classrooms; kindergartners and young fives are escorted to their classes.

### **Afternoon**

# Snack / Choice Begins

A staff person escorts all kindergartners and young fives from their classrooms to Kids Club. A staff member greets the children at the door and takes attendance as they enter the program. We serve a nutritious snack including 2 food groups and 100% juice or water each day. All snacks are nut free.

#### 4:00 PM Snack Closes Gym / Outside Opens

Last call for snack is announced. Any children who want snack must eat before this time. A staff person takes children to the gym or outside to play organized games or free time. This is a choice; not all kids have to go. We have our own sports equipment for children to choose from (balls, hula hoops, jump ropes, etc.).

# 4:00 PM Announcements, Club Meetings Begin

All children have the opportunity to sign up for new clubs. Clubs are scheduled ahead of time, have a staff member to coordinate, and usually meet once each week for 6-8 weeks. Only children who choose to sign up for the clubs may attend club meetings.

#### 5:15 PM Staff-directed Activities Close

Children who want to participate must do so before this time and we begin clean up.

#### 5:30 PM Clean up / Literacy Time

We sit together to play math and literacy-based games (hangman, card games, read magazines, etc.)

#### 6:00 PM Close

All children have been picked up.